

GYM AND POOL OPENING TIMES

(minor changes will be posted on the notice boards in the leisure club)

	<u>GYM</u>	<u>POOL</u>	<u>JUNIOR SWIMMING</u>
MONDAY	7.30a.m - 9.00p.m	7.30a.m - 9.00p.m	11.30a.m - 1.00p.m 3.30p.m - 5.30p.m
TUESDAY	7.30a.m - 9.00p.m	7.30a.m - 9.00p.m*	11.00a.m - 1.00p.m 3.30p.m - 4.30p.m
WEDNESDAY	7.30a.m - 9.00p.m	7.30a.m - 9.00p.m**	11.00a.m - 1.00p.m 3.30p.m - 4.30p.m
THURSDAY	7.30a.m - 9.00p.m	7.30a.m - 9.00p.m	11.00a.m - 1.00p.m 3.30p.m - 5.30p.m
FRIDAY	7.30a.m - 7.30p.m	7.30a.m - 7.30p.m	11.30a.m - 1.00p.m 3.30p.m - 5.30p.m
SATURDAY	8.00a.m - 7.00p.m	8.00a.m - 7.00p.m	11.00a.m - 1.00p.m 3.30p.m - 5.30p.m
SUNDAY	8.00a.m - 5.00p.m	8.00a.m - 5.00p.m	11.00a.m - 1.00p.m 3.30p.m - 5.00p.m

The pool is not lifeguarded

Last entry to the gym or pool is 45 minutes before closing

Use of the pool may be affected by classes

* - Pool is closed from 4.30p.m - 6.00p.m

** - Lane only availability 4.30p.m - 6.00p.m

Please ensure all babies and toddlers wear suitable swim nappies. These can be purchased if required.

Classes

Our leisure team also provide a wide variety of classes throughout the week.

At various times throughout the day, these are an ideal way to boost your fitness in a fun group environment that can fit into your daily schedule.

We currently run classes in:

- Spin Cycle
- Circuits
- Aqua Fit
- Core Stability
- Pilates

Golf and Leisure Membership 2010

Please call a member of the team on 01769 540664 for times or for any other enquiries.

Highbullen Hotel, Golf and Country Club
Chittlehamholt, Umberleigh, North Devon. EX37 9HD
www.highbullen.co.uk

Membership Prices

Full Membership*	Yearly
Joint Full Membership (couples)*	£700
Leisure Membership*	£1350
Blue Membership*	£395
Golf Super Green Membership*	£325
Associate Membership	£425
Student Leisure Membership	£145
Junior Swimming Membership	£197.50
Junior Golf Membership	£145
	£100

*A 5-7% credit charge is applicable to all memberships paid by direct debit

Standard Prices [per session unless otherwise stated]

Golf	From £25.00
Fitness suite, Pool and Spa	
Guest of member	£5.00
Fitness Suite	Casual use £7.50
Pool and Spa	Casual use £7.50
Fitness Classes	Casual use £7.50
Associate member	Casual use £5.00
Hard Court Tennis	£6.00 per hour
Indoor Tennis	£12.00 per hour
Lawn Tennis	£16.00 per hour
Indoor Bowls	£8.00 per hour
Child Swim [under 16]	£3.00

One Month Trial Membership

Trial memberships are available for a period of one month for those wishing to have a taster before committing to one of our annual packages. This includes use of the Fitness Suite, Pool, and Spa facilities and is priced at £50.

Full Membership

Full members have unlimited use of the golf course*, gym, swimming pool, spa facilities and exercise classes**. All new members may have a free golf swing assessment with our resident golf pro in addition to a free gym induction and four free personal training sessions. The fee is inclusive of insurance and affiliation fees.

Leisure Membership

Leisure members have unlimited use of the gym, swimming pool, spa facilities and exercise classes**. Students in full time education are entitled to a 50% reduction. All new members may have a free gym induction.

Blue Membership

For those who only wish to swim, this entitles you to full use of the pool and spa facilities. Should you wish to use the gym or classes you receive a significant discount per session.

Golf Super Green Membership

Golf members have unlimited use of the golf course*. They are eligible for all club competitions and will have their handicap updated regularly. They may also sign one guest at a time who will be entitled to a 50% reduction of the green fee. Golf members are also entitled to 4 months free winter use of the leisure facilities, and discounted rates for remaining 8 months. The fee is inclusive of insurance and affiliation fees.

Associate Memberships

Associate members are entitled to unlimited use of the facilities at significantly reduced prices. This level is therefore ideally suited to the infrequent gym and pool user. Reductions on green fees are also available with this membership.

Student/Junior Memberships

[15 years and under for swimming, 19 and under for golf]
Available to children and grandchildren of members providing they are accompanied and supervised at all times. The golf is subject to certain conditions regarding standards of playing etiquette and capability being met.

All members receive a 10% discount in all Highbullen bars and restaurants and off any of our complementary Health and Beauty treatments.

*Subject to weather and competition availability.

**Some classes are chargeable to members

Membership schemes available